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# VANDNA JERATH M.D.

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Optima Women's Healthcare, PLLC  
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## CURRENT POSITION

Optima Women's Healthcare, PLLC  
Obstetrician and Gynecologist  
Private Practice  
Parker Adventist Hospital Affiliation  
2010: planned opening

Vandna Jerath M.D., PLLC dba Colorado Ob/Gyn Associates  
Obstetrician and Gynecologist  
Private Practice  
St. Anthony's North Hospital and North Suburban Medical Center Affiliations  
1998-present

## LICENSURE & CERTIFICATION

ABOG Written - June 1998  
ABOG Oral- January 2001  
FACOG Board Certified – January 2001-present  
Colorado Board of Medical Examiners State License- November 1997-present  
DEA 1998-present

## EDUCATION

Obstetrics and Gynecology Internship and Residency  
The University of Colorado Health Sciences Center  
Denver, Colorado  
June 23, 1994-June30, 1998

M.D., Doctor of Medicine  
The George Washington University School of Medicine and Health Sciences  
Washington D.C.  
August 1990-May 1994

B.S., Bachelor of Science  
Major Biological Sciences, Minors in Chemistry and Business  
University of Denver  
Cum Laude Graduate

Honors Program Scholar  
Denver, Colorado  
September 1986-June 1990

## EXPERIENCE

See current positions	Listed Above
1998-current	North Suburban Medical Center Active Medical Staff; Thornton, Colorado
1998-current	Saint Anthony's North Hospital Active Medical Staff; Westminster, Colorado
2000-present	University of Colorado Health Sciences Center Clinical Instructor and Preceptor Ob/Gyn teaching for Medical Students; Aurora, Colorado
1998-2001	Denver Health Medical Center Ob/Gyn Attending Physician; Denver, Colorado
October 1990-June 1992	Primary Care Internal Medicine Preceptorship Dr. Barret Burka; Washington D.C.
June 1991- August 1991	Accord Medical Center via Business Grapevine, Inc. Office Assistant and Receptionist; Denver, Colorado
July 1989-July 1990	Minor & Brown, P.C., Attorneys at Law Office Assistant; Denver, Colorado
June 1987-May 1990	University of Denver Recreation Center Assistant; Denver, Colorado
June 1987-August 1990	Video Screen Manager; Denver, Colorado
August 1984-June 1987	Video Mania Manager; Denver, Colorado
June 1984-August 1984	Kinder Care, Inc. Childcare Assistant; Englewood, Colorado

## RESEARCH

"L-arginine and nitric oxide levels: possible correlation with pregnancy complications";  
Chief Resident Project  
Abstract and poster presentation April 1999 and Chief Resident's Research Award May 1998  
Advisor: Kim Leslie, M.D.; MFM Division, Department of Obstetrics and Gynecology, University of Colorado Health Sciences Center and John Wiel, M.D.; Department of Cardiology, University of Colorado Health Sciences Center

"Prior classical cesarean section with successful VBAC"; case report  
Advisor: Carol Stamm, M.D.; Department of Obstetrics and Gynecology, Denver Health Medical Center

"Characterization of the proopiomelanocortin system in the intermediate pituitary of the Sturgeon, *Acipenser tansmontanus*"  
B.S. Honors Thesis- abstract accepted to GW Medical School William Beaumont Research Society  
Advisor: Robert Does, PhD; Department of Biological Sciences, University of Denver

## GRAND ROUNDS

"Gestational Diabetes: Management and Treatment"; February 2007; Saint Anthony's North Hospital; Departments of Obstetrics and Gynecology and Family Medicine.

“Gestational Diabetes: A Review”; March 2007; North Suburban Medical Center; Department of Obstetrics and Gynecology .

“Antiphospholipid Antibody Syndrome in Pregnancy”; August 11, 1997; Denver Health Medical Center; Department of Obstetrics and Gynecology.

“Respiratory Disease: The Geriatric Focus”; September 1, 1997; chief resident presentation, University Hospital; Department of Obstetrics and Gynecology.

“Antiphospholipid Antibody Syndrome in Pregnancy: current concepts and future recommendations in the evaluation, management, and treatment; May 12, 1998; Rose Medical Center; Department of Obstetrics and Gynecology.

## **TOPIC CONFERENCES**

University of Colorado Hospital; Department of Obstetrics and Gynecology:

“Total Pelvic Exenteration: a review”; October 1993.

“Endometrial Cancer: a review”; October 1993.

“Management of Atypia Pap Smears”; November 1995.

“Narcotic Management of Chronic Pelvic Pain”; January 1997.

“The Vaginal Pessary: It’s role in the conservative management of SUI and SPR”; February 1998.

Rose Medical Center; Department of Obstetrics and Gynecology:

“Granulosa Cell Tumor of the Ovary: associated with abnormal uterine bleeding and uterine atypia”; Tumor Board case presentation; March 1997.

## **PROFESSIONAL ORGANIZATIONS**

American College of Obstetricians and Gynecologists; current fellow

Colorado Obstetrics and Gynecology Society; current member

Denver Medical Society; current member

Colorado Medical Society; current member

Doctors for America; current member

American Medical Association; member 1990-1998

American Medical Women’s Association; member 1990-1994

Medical Society of District of Columbia; member 1990-1994

## **HONORS/AWARDS**

RESIDENCY: University of Colorado Health Sciences Center; Dept Ob/Gyn Outstanding Research Presentation Award; Chief Resident’s Research Day May 12, 1998

MEDICAL SCHOOL: The George Washington University

William Beaumont Research Society; 1992-1994

Kane King Dodek Obstetrics and Gynecology Academic Honor Society; 1994

Gamma Phi Beta Academic Scholarship; 1990-1991

UNDERGRADUATE: University of Denver

Outstanding Sophomore Woman; 1988

Outstanding Panhellenic Junior Woman; 1989  
Distinguished Senior Woman; 1990  
Pioneer Award: twelve individuals recognized for leadership and community service; 1990  
William T Driscoll Award: Biological Sciences scholastic award; 1989  
Chancellor's Leadership Corps: ten students selected to advise the chancellor; 1988-1990  
Academic/Leadership Honor Societies: Omicron Delta Kappa; Golden Key; Mortar Board; Alpha Epsilon Delta; Order of Omega; Rho Lambda

## **ACTIVITIES/ COMMITTEES**

### PRIVATE PRACTICE: Colorado Ob/Gyn Associates

Clinical Instructor and Preceptor; University of Colorado Health Sciences Center:  
Teaching and clinical experience for medical students years 1-3; 2000-present  
Various Committees; Saint Anthony's North Hospital and North Suburban Medical Center : 1998-present  
60<sup>th</sup> Anniversary Ob/Gyn Reunion and CME: University of Colorado Health Sciences Center: help organize residency reunion, 2008  
Colorado for Obama Presidency Campaign: Volunteer; Summer /Fall 2008  
Democratic National Committee in Denver: Volunteer & Attendee, August 2008  
White House Healthcare Reform Briefings: Participant 2009

### RESIDENCY: University of Colorado Health Sciences Center

Intern Applicant Interviews: organized pre-interview social events with residents, organized formal talks and tours for the applicants; 1996-1997  
Chief's Banquet: organized recognition dinner/dance/awards ceremony in honor of 1997 chief residents  
Housestaff Association: Ob/Gyn department representative; 1995-1998

### MEDICAL SCHOOL: The George Washington University

Organization of Student Representatives: to the American Association of Medical Colleges; 1992-1994  
Medical School Student Council: Secretary; 1992-1994  
The George Washington University Student Association: graduate senator; 1992-1993  
"A Day in the Life of a Medical Student: a program for parents and partners": planning committee class representative; 1990-1993  
Medical Ethics, Right to Treatment, and Health Policy Committees; 1990-1994

### UNDERGRADUATE: University of Denver

All Undergraduate Student Association (AUSA) Senate: Student Body President: 1988-1989;  
Court Justice: 1989-1990; Senator: 1987-1988  
Gamma Phi Beta Sorority: Executive Board Member: 1986-1990; Alumni Volunteer: 1990-present  
Colorado Centennial Conference: political lobbying conference staff member; 1988-1990

## **CME**

Numerous Ob/Gyn conferences, courses, and training workshops attended yearly  
CME hours kept up to date

## **PHILANTHROPIES**

Leukemia and Lymphoma Society  
Special Olympics

Governor's Cup  
Salvation Army

March of Dimes  
Ronald McDonald House  
Breast Cancer Foundation

Multiple Sclerosis  
Susan G. Komen Foundation  
American Diabetes Association

## **OTHER**

Colorado resident since 1981  
Born in India and immigrant to USA at age 2  
Fluent understanding of Hindi  
Conversational (and medical) knowledge of Spanish  
Enjoy triathlons, marathons, tennis, hiking, professional sports, theater, reading,  
impressionistic and modern art, politics, and international travel.

## **REFERENCES**

Furnished upon request