

Our Patient Portal

Optima Women's Healthcare offers the latest in technology to ensure that it is easy to interact with us. We have partnered with Greenway Medical Technologies to provide an innovative electronic health records system and secure online patient portal. The portal enables direct contact with our doctor and staff and allows you to:

- Request an appointment
- Fill out health forms privately
- Ask questions of the staff or doctor
- Send emails to us 24/7
- Have access to your medical records and clinical summary
- Request prescription refills
- Pay your bill online
- Receive lab results, practice updates, instructions, and appointment reminders

Our Products

Ask Us About



Iron	Scar Cream
Prenatal Vitamins	Stretch Mark Cream
DHA	Maternity Belts
Calcium/Vit D	Menopause Herbal

Our Office

Optima Women's Healthcare is currently accepting new patients and accepts most insurance plans. Our office hours are 8:00 am—5:00 pm, Monday-Friday.



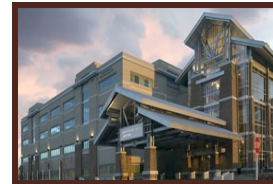
Optima Women's Healthcare
9399 Crown Crest Blvd, Suite 450
Parker, CO 80138
303.805.1807 Phone
303.595.5390 Fax

Optimawomenshealthcare.com
Drjerath.com
staff@optimawomenshealthcare.com

Our Hospital

Optima Women's Healthcare is conveniently located on the campus of Parker Adventist Hospital. Dr. Jerath is affiliated with this hospital and cares for her patients at this location.

Parker Adventist Hospital
9395 Crown Crest Blvd.
Parker, CO 80138
303.269.4000
Parkerhospital.org



Our Social Media

Connect with Us



Facebook.com/optimawhc
Twitter.com/optimawhc
Gplus.to/optimawhc
Pinterest.com/optimawhc
Youtube.com/doctorjerath

Facebook.com/drjerath
Twitter.com/drjerath
Gplus.to/drjerath
Pinterest.com/drjerath
Linkedin.com/in/drjerath

Dr. Jerath is available for speaking and consulting re: HCSM



OPTIMA™
Women's Healthcare
Vandna Jerath, MD

A comprehensive ob/gyn and wellness practice for women of all ages located at the Sierra Medical Office Building at Parker Adventist Hospital

Optimawomenshealthcare.com
Drjerath.com
303.595.5390

Our Practice

At Optima Women's Healthcare, our goal is to develop a strong and trusting



rapport with each patient while serving your needs for obstetrics, gynecology and overall wellness. The team at our practice is highly-trained and exceptionally friendly. We

understand that for many, visiting a doctor can be a stressful experience. Our soothing, comfortable, relaxing, spa-like setting and compassionate staff of medical professionals help put you at ease. We believe every woman is special and deserves individual time and attention. Our philosophy is to provide personalized, compassionate healthcare for women.

Our patients enjoy complimentary:

- Paraffin hand treatments
- Spa Robes
- Bath Salts
- Beverages and snacks
- Fresh baked chocolate chip cookies
- Relaxing, spa-like setting
- Mountain views



Our Physician

Vandna Jerath, MD, FACOG

Dr. Vandna Jerath earned her Bachelor of Science degree from the University of Denver in 1990 and her Doctor of Medicine degree from The George Washington University School of Medicine in 1994. She completed her obstetrics and gynecology internship and residency at the University of Colorado Health Sciences Center and Hospital in 1998. She has been board certified in obstetrics and gynecology since 2001.



Dr. Jerath strives to care for each patient individually and personalizes her attention and care. She treats each patient with respect, compassion, empathy and dedication while maintaining focus on the concerns and conditions that may require evaluation and treatment. She provides comprehensive ob/gyn care with specialized experience in high-risk obstetrics and minimally invasive and laparoscopic gynecologic surgery.

She is also a local expert on healthcare social media.

Our Staff

The highly trained staff at Optima Women's Healthcare has years of experience caring for patients. Our goal is to provide excellent, personalized care that focuses on fulfilling your needs.



Our Services

We encourage preventative health care for our patients and are proactive in our approach to the services we provide.

- Obstetrics—low and high risk
- Gynecology—ages 13 to 90
- Family Planning and contraception
- Infertility
- Urogynecology and incontinence
- Preventative medicine and wellness
- Minimally invasive surgery
- Laparoscopic, vaginal and abdominal hysterectomy
- Menopause and hormones
- Menstrual disorders
- In-office Essure sterilization
- In-office hysteroscopy and Novasure endometrial ablation
- Ultrasound 2D,3D, and 4D



*Personalized Compassionate
Healthcare for Women*

Be Educated • Be Engaged • Be Empowered

Obstetrics | Gynecology | Infertility | Urogynecology | Wellness