AGE HEALTHIER AND LIVE HAPPIER!

bioTE®
Bio-Identical Hormone Balance for Men and Women

bioTEmedical.com
Hormone pellets release all natural, bio-identical estrogen and/or testosterone and are metabolized consistently into the body as needed.

**FACT:** After the Age of 30, Most People Produce 3%-10% LESS HORMONES EACH YEAR

Balanced hormones are necessary for good health and disease prevention as we age.

BioTE® optimizes hormone levels with tiny pellets just under the skin.

**FACT:** Hormone Pellets In Use Since 1939.

Feeling Better Starts with a Simple Blood Test.

- Regain Energy & Muscle Strength
- Greater Ability to Lose Weight
- Increase Mental Clarity
- Feel Younger and Happier Again
- Experience an Increased Quality of Life While Preventing Age-Related Illness

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**Hormone Pellets**
- Consistent Optimization
- Only 3 to 4 Insertions Per Year
- Increased Health Benefits

**Synthetic Methods**
- Inconsistent Results
- Weekly / Daily Treatments
- Numerous Side Effects

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**MYTH:** “All Testosterone Replacement is the Same.”

**TRUTH:** Testosterone is NOT absorbed by the body in the same way.

**FACT:** Hormone Pellets contain the same chemical structure as your body’s natural hormone.

[biote.com](http://biote.com)
Is bioTE® Right for You?

If you or someone you know is experiencing any of these symptoms, chances are they are a candidate for Hormone Replacement Pellet Therapy.

**COMMON SYMPTOMS of Hormone Imbalance**

- Difficulty Sleeping at Night
- Lack of Energy and Fatigue During the Day
- Reduced Mental Focus and Memory
- Moody, Anxious or Depressed
- Weight Gain Including Increased Fat Around Mid-Section
- Inability to Lose Weight Regardless of Healthy Diet and Exercise
- Decreased Muscle Strength
- Muscle and/or Joint Pain
- Reduced Sexual Desire and Performance

Optimized Hormones Protect the Bones, Brain, Breasts & Heart.

**Protection is Everything.**

Optimized hormones significantly reduce the risk of serious health problems, such as:

- Osteoporosis
- Alzheimer’s Disease
- Heart Disease
- Diabetes

**Precise Dosing is Key.**

Proper hormone levels are determined by the BioTE® comprehensive bloodwork analysis. Unique dosing is generated for each individual patient so that dosing is customized for what your body needs. Pellets deliver pure, bio-identical hormones directly into the bloodstream 24 hours a day, 7 days a week, for up to 5 months.

Pills, patches, creams and shots cannot provide a steady delivery of hormones 24/7. Pellets provide a constant supply of hormones that your body recognizes as its own, which significantly reduces the chance of adverse side effects.

bioTEmedical.com
Found in cruciferous vegetables, DIM can be beneficial for breast, uterine, cervical, and prostate health. DIM is not a plant estrogen or an estrogen mimic, like soy isoflavones, but rather an estrogen balancer. DIM stimulates more efficient metabolism for estrogen.

DIM promotes beneficial, healthy estrogen metabolism in both women and men and frees testosterone from binding agents in your blood, which helps balance your hormones and makes you feel great!

VITAMIN A
Required for the normal development, growth and maintenance of the bones.

Supports bone remodeling, which is our body’s way of removing old or weakened bone tissue in order to make room for new, stronger tissue. This remodeling process is critical in the repair process of the bone matrix in order to retaining bone density. Also plays a role in stimulating bone building cells to secrete proteins that are required for bone mineralization.

VITAMIN D3
Fat-soluble vitamin essential for maintaining normal calcium metabolism.

Supports calcium absorption in the stomach and helps maintain adequate blood levels of calcium and phosphate to enable normal mineralization of bone. Also needed for proper bone growth and remodeling. Without sufficient Vitamin D, bones can become thin, brittle, or misshapen. Also helps support normal cardiovascular function and supports healthy blood pressure.

VITAMIN K2
Plays essential role in our health and is rapidly redefining cardiovascular disease as an illness of nutritional deficiency.

Nutritional deficiency appears to be a factor in the development of diabetes and liver cancer. Plays an essential role in bone metabolism and promoting healthy teeth. Helps guide calcium toward the areas of the body where it is needed (such as the skeleton) and away from areas where it could have a negative effect (such as the cardiovascular system).
Probiotics are considered to be beneficial to health. Although we tend to think of bacteria as harmful “germs,” many bacteria actually help the body function properly. Probiotics aid a variety of gastrointestinal issues including immune system support. Probiotics aide in the prevention of tooth decay and other oral health problems.

Omega 3
An important factor in maintaining healthy bodily functions.

BioTE® Omega-3 aids muscle activity, blood clotting prevention, digestion, fertility, and cell division and growth. Commonly used supplements that contain omega 3 include: fish oil (which provides EPA and DHA) and flaxseed oil (which provides ALA). DHA is vital for brain development and function. ALA is considered an “essential” fatty acid, meaning we obtain it through diet or supplements since the body cannot manufacture it. BioTE® Omega 3 is beneficial to the heart, eyes, brain, arthritis relief and infant development.

Iodine PLUS
Iodine Complex aids in natural hormone production and balance.

Iodine is critical to the production of the thyroid hormone. Iodine deficiency may play a role in a myriad of problems including: mental retardation, lower IQ, attention deficit hyperactivity disorder (ADHD), and thyroid problems. It is speculated that this deficiency may be one of the causes for the dramatic increase in breast and prostate cancers. Iodine is crucial to the treatment of these cancers.

Some benefits of adequate iodine supplementation can control and reduce:
- ADD/ADHD
- Atherosclerosis
- Breast Diseases
- Excess Mucus
- Fatigue
- Fibrocystic Breasts
- Goiter
- Ovarian Disease
- Parotid Duct Stone
- Peyronie’s
- Prostate Disorders
- Sebaceous Cysts
- Thyroid Disorders
- Vaginal Infections
- Hemorrhoids
- Headaches/Migraines
- Hypertension
- Infections
- Keloids
- Liver Diseases

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Disclaimer: These statements have not been evaluated by the food and drug administration. These products are not intended to diagnose, treat, cure or prevent any disease.
FACT: Testosterone Pellets Can Build Up To 8.3% Bone Mass Per Year.


Now Let’s Compare...

**Treatment Method Comparisons**

<table>
<thead>
<tr>
<th>Method</th>
<th>Pellets</th>
<th>Shots</th>
<th>Creams</th>
</tr>
</thead>
<tbody>
<tr>
<td>Only</td>
<td>3 to 4</td>
<td>52 to 156</td>
<td>730+</td>
</tr>
<tr>
<td>Procedures per year</td>
<td>per year</td>
<td>per year</td>
<td>per year</td>
</tr>
<tr>
<td>1 - 3 Times Per Week *depending on doctor suggestions.</td>
<td>1 - 3 Times Per Week</td>
<td>2 Times daily with only 4 - 6 hour effectiveness once applied.</td>
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FACT: Optimized Health is Affordable for Everyone through Patient Financing.

Quick Application & Instant Approval with Participating Practices.

*It’s Easy, Simply Ask Your Provider.*

“The Tale of Two Sisters”

Carol and Anne were 35 year old twins who were suffering from the same symptoms of depression, anxiety, irritability, mood swings, fatigue, weight gain, low libido and sleeping difficulties.

Meet Carol

Carol visited her primary care practitioner about her complaints. Carol’s practitioner prescribed an anti-depressant to address her primary concerns, even though this class of drugs has been shown to decrease sex drive and cause weight gain. She’s now overweight, still has no sex drive and no energy. Concerned about her weight, she is prescribed a diet pill. She’s concerned about her increasing anxiety, so is prescribed an anti-anxiety medicine and a sleeping pill for the sleep disturbances.

Because no one understood how important hormone balance was to improve her mood, mental clarity, anxiety, bone building, heart health, diabetes prevention, weight control, breast cancer protection and Alzheimer’s disease prevention, she is on a lifelong host of medications that merely act as a “band-aid” to her symptoms.

Carol is still tired, miserable, overweight, depressed, irritable, can’t think, and has no sex drive!

Meet Anne

Anne sought the advice of a certified BioTE® hormone balance expert. After an in depth consultation, her hormone expert narrowed down for her. She was suffering from pre-menopausal symptoms of testosterone deficiency.

Anne had a blood test for hormone imbalance, something her sister never received. Her testosterone was indeed low! She chooses to move forward with bio-identical pellet therapy.

Two months later, she feels amazing! The depression, anxiety, mood swings, fatigue and sleep issues disappear. And what an increased libido! She returns to her work out routine, looking and feeling younger!

She is fit, lean, exercising, and is on no extra medications. Anne’s hot flashes and menstrual changes have begun. Not a problem for Anne! Her hormone balance practitioner has simply added a bio-identical estrogen pellet to her testosterone therapy, and natural progesterone to balance her estrogen.

Anne sails through her menopausal years with minimal, if any, setbacks. Her baseline bone density scan is normal, her cholesterol levels are perfect and her body mass index (BMI) and blood work is all within range. She shows no indication of diabetes, and her blood pressure is normal.

Meet Carol

Carol is 35 years old and has been experiencing symptoms of depression, anxiety, irritability, mood swings, fatigue, weight gain, low libido, and sleep difficulties.

Carol visits her primary care practitioner and receives a prescription for an anti-depressant. Despite this, she continues to experience the same symptoms and is prescribed diet pills for weight loss and anti-anxiety medication for anxiety.

Carol’s practitioner does not understand the importance of hormone balance and prescribes a variety of medications, including anti-depressants, anti-anxiety medication, diet pills, and sleep aids. Despite these treatments, Carol remains unhappy and continues to struggle with her symptoms.

Meet Anne

Anne is 35 years old and has similar symptoms to Carol. She seeks the advice of a certified BioTE® hormone balance expert.

Anne undergoes a blood test for hormone imbalance and finds that her testosterone levels are low. The hormone expert recommends bio-identical pellet therapy.

Two months later, Anne feels amazing. Her symptoms of depression, anxiety, mood swings, fatigue, and sleep disturbances have disappeared. Anne returns to her exercise routine and looks and feels younger.

Anne's hormone balance practitioner adds a bio-identical estrogen pellet to her testosterone therapy and natural progesterone to balance her estrogen. Anne's hot flashes and menstrual changes begin to affect her, but she is able to manage them with the help of her hormone practitioner.

Anne's health and well-being improve significantly. Her baseline bone density scan remains normal, her cholesterol levels are perfect, and her body mass index (BMI) and blood work are within normal range. She shows no indication of diabetes, and her blood pressure is normal.

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Aging Healthier and Living Happier Begins with a Simple Test.

Ask if biote® Is Right for You TODAY!

Your Certified biote Practitioner is

Find out more at biote medical.com